



EAP Blood Drive

On March 22nd we will be hosting a Blood Drive from 9:00 AM to 1:00 PM in Suite 410, East Tower Conference Centre. This is a great opportunity to make a real difference and save lives! Please Call 1 888 2 DONATE or go to BLOOD.CA to book your appointment today.



Upcoming Holidays

National Popcorn Day - Jan. 19th
Groundhog Day - Feb. 2nd
Valentines Day - Feb. 14th
Family Day - Feb 19th
St. Patrick's Day - Mar. 17th

Concierge Updates

Make sure you drop your business card at your Concierge Desk each month for a chance to win one of our monthly prizes! This January you could be in the draw to win movie tickets and a restaurant voucher.

Recent Events - Toy Drive



New at Starbucks

The Smoked Butterscotch Latte is back for a limited time. Notes of smoked butterscotch intermingle with Starbucks signature espresso, giving your latte a sophisticated new twist.



Meet your Neighbours

Did you know that any type of eye emergency is covered by Alberta health! This includes if your eyes are looking a little red after too much holiday punch or if your friend accidentally ricochets that cork into your eyeball. At Eighth Avenue Eyecare we accept walk-in and emergencies throughout the work day. We direct bill most insurance companies and offer a great discount too all tenants of Eighth Avenue Place! Come see our staff and enjoy the ambience and luxury that is Premier Clinic and Eighth Avenue Eyecare.



Tenant Connect

Tenants Tell Us About their New Years Resolutions

**Did you make a New Year's
Resolution this year?**

*Yes! In regards to health and
wellness.*

**Do you make a resolution every
year and if so do you stick with it?**

*No! This is the first year I've made a
resolution that I plan to stick to.*

**Did you know January 17th is
National Ditch Your Resolution
Day?**

I definitely did not!

**Do you think you'll last past
January 17th?**

*Of course! Gotta have confidence
in yourself.*

Mackenzie Hamper

Receptionist, Crescent Point Energy

Heavens Feature Classes & Opening Hours

Fitness Centre Opening Hours:
Weekdays from 4 AM to 11 AM.

Weekends from 6 AM to 11 PM.

Each month Heavens will have a marketing campaign and theme with fun club initiatives for all of you to enjoy. For example in January the campaign will be Resolve to Renew and the theme will be The importance of Hydration. Come by the club to learn something new regarding hydrating and we may even have a little treat for you.

Events in the City

The High Performance Rodeo

January 5th - 28th, 2018

21, 225 - 8th Ave. S.E.

Calgary, AB

The High Performance Rodeo is Calgary's International Festival of the Arts. Encompassing theatre, music, dance, comedy, and interdisciplinary art, the High Performance Rodeo is dedicated to entertaining as wide an audience as imaginable, while remaining fertile ground for the progressive and wild.

Recent Events - Festive Sweater Day



Meet the Management

Start Date: Nov. 13th, 2017.

Time in industry: 3 years.

What are you most proud of at EAP? I love the pride each department shows through their hard work and dedication to our tenants and our beautiful building.

Tell us one management tip you live by?

Never stop learning, always remain humble and welcome new perspectives.

What is one thing we don't know about you?

My passion is cooking. Food brings us all together and cooking is my way of connecting to the world.

Ashley Kelly, Assistant Property Manager.

